

Melissa Cress

Taste	Mint flavour, a subtle lemon fragrance
Usage	Combination with sweet products such
	as crustaceans, molluscs, vegetables such
	as pumpkin, sweet potato, fennel, citrus
	& fruits
Culture	Socially responsible culture with
	biological crop protection
Availability	Year round
Storage	Up to seven days at 4-7°C
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Taste and Usage

Melissa Cress is a beautiful aromatic blend of mint flavour and has, when crushed, a subtle lemon fragrance reminiscent of lemon zest. Use in combination with sweet products such as crustaceans, molluscs and white fish, vegetables such as pumpkin, sweet potato, fennel, citrus & sour apple. Also suitable for Asian-related dishes and in combination with heavy flavours such as lamb, cheese or game. Melissa Cress is a useful ingredient to add flavour & aroma to (sparkling) water or beverages.

Origin

Melissa Cress is the young seedling of Melissa officinalis. The botanical name Melissa is derived from the Latin word for bee, due to the lavish amount of nectar found within its flowers. The species is native in Southern Europe and the Mediterranean to Central Asia, but has spread as an alien species throughout the rest of the world.

This plant is also called lemon balm or more commonly balm mint. It is a perennial herbaceous plant and part of the mint family. The leaves of the fully-grown plant have a mild lemon scent similar to mint.





Melissa Cress (Melissa)

Availability and Storage

Melissa Cress is available year round and can easily be stored for up to seven days at a temperature of 4-7 °C. Produced in a socially responsible culture, Melissa Cress meets the hygienic kitchen standards. The product is ready to use, since it is grown clean and hygienically.



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Content: 16 cups in a solitairy box (30x40 cm)